CHEDER BOYS MAY 2017 LUNCH MENU



Pancakes Tuna/Egg Salad Tossed Salad Fresh Fruit Milk	Pancakes Tuna/Egg Salad Tossed Salad Fresh Fruit Milk	Pancakes Tuna/Egg Salad Tossed Salad Fresh Fruit Milk	7 Pancakes Tuna/Egg Salad Tossed Salad Fresh Fruit Milk	Sunday
Assorted Bagels Tuna Salad Egg Salad Cream Cheese Tossed Salad Salad Dressing Rotini Soup Fresh Fruit Milk	Baked Ziti Noodles Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk	Grilled Cheese menu Corn Egg/Tuna Salad Fresh Fruit Milk	8 Fish Sticks Orzo Hot Vegetables Fresh Fruit Milk	Monday I Potato Blintz Vegetable Soup Egg/Tuna Salad Tossed Salad Salad Dressing Fresh Fruit Milk
EREV SHAVUOS	Hot Dog French Fries Pickles Fresh Fruit Juice	16 BBQ Chicken Rice Hot Vegetables Fresh Fruit Juice	9 Chicken Nuggets Rice Hot Vegetables Fresh Fruit Juice	Tuesday 2 Deli Baguettes French Fries Pickles Fresh Fruit
31 SHAVUOS	Pita Falafel Israeli Salad Techina Charif Apples Milk	Penne Alfredo Penne Alfredo Noodles Baby Carrots/Grape Tomatoes Salad Dip Apples Milk	10 Pizza Bagel Corn Egg/Tuna Salad Fresh Fruit Milk	Wednesday 3 Baked Ziti Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk
	Waffles Syrup Vegetable Soup Tuna/Egg Salad Corn Fresh Fruit Milk	Pareve Chulent Potato Kugel Pickles Fresh Fruit Milk	11 Macaroni and Cheese Noodles Baby Carrots/Grape Tomatoes Salad Dip Apples Milk	Thursday 4 Potato Knish Vegetable Soup Tuna Salad Tossed Salad Salad Dressing Fresh Fruit Milk
	26	19	12	Friday 5

Milk-Low Fat and Fat Free, and ww bread served daily. Under the Hasgocha of Rabbi Yechiel Steinmetz shlit'a Menu subject to change



CHEDER GIRLS MAY 2017 LUNCH MENU



28	21	14	7		Sunday
Assorted Bagels Tuna Salad Egg Salad Cream Cheese Tossed Salad Salad Dressing Rotini Soup Fresh Fruit Milk	Baked Ziti Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk	Grilled Cheese menu Corn Egg/Tuna Salad Fresh Fruit Milk	8 Fish Sticks Orzo Hot Vegetables Fresh Fruit Milk	Potato Blintz Vegetable Soup Egg/Tuna Salad Tossed Salad Salad Dressing Fresh Fruit Milk	Monday
30 EREV SHAVUOS	23 Hot Dog French Fries Pickles Fresh Fruit Juice	16 BBQ Chicken Rice Hot Vegetables Fresh Fruit Juice	9 Chicken Nuggets Rice Hot Vegetables Fresh Fruit Juice	2 Deli Baguettes French Fries Pickles Fresh Fruit	Tuesday
31 SHAVUOS	24 Pita Falafel Israeli Salad Techina Charif Apples Milk	17 Penne Alfredo Noodles Baby Carrots/Grape Tomatoes Salad Dip Apples Milk	10 Pizza Bagel Corn Egg/Tuna Salad Fresh Fruit Milk	3 Baked Ziti Noodles Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk	Wednesday
	25 Waffles Syrup Vegetable Soup Tuna/Egg Salad Corn Fresh Fruit Milk	18 Pareve Chulent Potato Kugel Pickles Fresh Fruit Milk	11 Macaroni and Cheese Noodles Baby Carrots/Grape Tomatoes Salad Dip Apples Milk	4 Potato Knish Vegetable Soup Tuna Salad Tossed Salad Salad Dressing Fresh Fruit Milk	Thursday
	26	19	12	y,	Friday

Milk-Low Fat and Fat Free, and ww bread served daily . Under the Hasgocha of Rabbi Yechiel Steinmetz shlit'a Menu subject to change





CHEDER BOYS MAY 2017 BREAKFAST MENU



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	Milk	Milk	Milk	Milk	Milk
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Cereal	Cereal	Cereal	Cereal	Cereal
WW Bread	WW Bread	WW Bread	WW Bread	WW Bread	WW Bread
Friday	Thursday	Wednesday	Tuesday	Monday	Sunday

Milk-Low Fat and Fat Free, Juice served daily -Under the Hasgocha of Rabbi Yechiel Steinmetz shlit a Menu subject to change

