

**CHEDER GIRLS DECEMBER 2018 LUNCH MENU**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>	<b>3</b> Bagels Vegetable Soup Tuna Salad Egg Salad Cream Cheese Sliced Vegetables Fresh Fruit  CHANUKAH	<b>4</b> Pita Falafel Israeli Salad Techina Charif Apples  CHANUKAH	<b>5</b> Individual Pizza French Fries Egg/Tuna Salad Fresh Fruit Potato Latkes Apple Sauce  CHANUKAH	<b>6</b>    CHANUKAH	<b>7</b>    CHANUKAH
<b>9</b>  CHANUKAH	<b>10</b>  CHANUKAH	<b>11</b> Potato Knish Ferial Tuna Salad Cut Vegetables	<b>12</b> Pizza Pops Vegetable Soup Potato Bites Egg/Tuna Salad Fresh Fruit	<b>13</b> Macaroni and Cheese Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit	<b>14</b>
<b>16</b>	<b>17</b> Cheese Blintzes Potato Knish Ministrone Soup Tossed Salad Salad Dressing Egg/Tuna Salad Fresh Fruit	<b>18</b>  ASARA B'TEVES	<b>19</b> Baked Ziti Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit	<b>20</b> Pizza Bagel Corn Egg/Tuna Salad Fresh Fruit Milk	<b>21</b>
<b>23</b>	<b>24</b> Italian Paninis Corn on the Cob Egg/Tuna Salad Fresh Fruit	<b>25</b> BBQ Chicken Rice Hot Vegetables Fresh fruit Apple Juice  LEGAL HOLIDAY	<b>26</b> Pita Falafel Israeli Salad Techina Charif Apples	<b>27</b> Macaroni and Cheese Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit	<b>28</b>
<b>30</b>	<b>31</b> Waffles Potato Blintz Onion Soup Garden Salad Vegetable Dip Egg/Tuna Salad Fresh Fruit				

Milk-Low Fat and Fat Free, and ww bread served daily- Under the Hasgocha of Rabbi Yechiel Steinmetz shlit'a

\*allergy alternative

Menu subject to change

