Ess Gourmet Catering

NSLP Lunch Menu - Cheder Chabad

	Sunday	Monday	Tuesday	Wednesday	Thursday
Week #1	Pita Calzone	Pizza Bagel	Deli	Cheese Blintz	Cheesy Pasta
	Vegetable salad	Onion Soup	Rolls	French Fries	Plain Pasta
	Fruit	Nish Nosh Salad	Corn	Yogurt	Tuna Salad
	Chocolate Pudding	Fruit	Chick Peas	Granola	Baby Carrots
	Milk	Milk	Pickles	Cucumbers, Sliced	Cherry Tomatoes
	Bread	Bread	Apple Juice	Fruit	Fruit
			Fruit	Milk	Milk
				Bread	Bread
Week #2	Baked Potato Slices	Pizza Squares	Hotdogs	Bagels	Baked Ziti
	Cheese Blintz	Vegetable Soup	Buns	Cream Cheese	Plain Pasta
	Fruit	Nish Nosh Salad	French Fries	Tuna Salad	Tuna Salad
	Ketchup	Fruit	Chick Peas	Sliced Vegetables	Baby Carrots
	Milk	Milk	Pickles	Fruit	Cherry Tomatoes
	Bread	Bread	Apple Juice	Milk	Fruit
			Fruit		Bread
					Milk