

Ess Gourmet Catering

NSLP Lunch Menu Chabad

	Sunday	Monday	Tuesday	Wednesday	Thursday
Week #1	Pizza Lukshen	Plain Pasta	Hotdogs	Rolls	Cheesy Pasta
	Plain Pasta	Nish Nosh Salad	Buns	Tuna Salad	Plain Pasta
	Hot Corn	Fruit	French Fries	Cream Cheese	Tuna Salad
	Orange	Cheese	Pickles	Sliced Tomatoes & Cucumbers	Carrot Sticks
	Ketchup	Milk	Apple Juice	Fruit	Cherry Tomatoes
	Milk		Fruit	Milk	Fruit
	Bread				Milk
Week #2	Baked Potato Slices	Pizza Bagel	Deli	Baguette	Baked Ziti
	Cheese Blintz	French Fries	Rolls	Tuna Salad	Plain Pasta
	Fresh Apple	Lettuce Salad	Mini Red Potatoes	Cream Cheese	Tuna Salad
	Ketchup	Fruit	Pickles	Sliced Peppers & Cucumbers	Baby Carrots
	Bread	Milk	Apple Juice	Fruit	Cherry Tomatoes
	Milk		Fruit	Milk	Fruit
					Milk
Week #3	Cheesy Pasta	Plain Pasta	Hotdogs	Rolls	Cheesy Pasta
	Plain Pasta	Nish Nosh Salad	Buns	Tuna Salad	Plain Pasta
	Smoothie	Fruit	French Fries	Cream Cheese	Tuna Salad
	Carrot Muffin	Cheese	Pickles	Sliced Tomatoes & Cucumbers	Carrot Sticks
	Fruit	Milk	Apple Juice	Fruit	Cherry Tomatoes
	Milk		Fruit	Milk	Fruit
					Milk
Week #4	Garlic Roll	Pizza Bagel	Deli	Baguette	Baked Ziti
	Sliced Cheese	French Fries	Rolls	Tuna Salad	Plain Pasta
	Craisin Salad	Lettuce Salad	Mini Red Potatoes	Cream Cheese	Tuna Salad
	Orange	Fruit	Pickles	Sliced Peppers & Cucumbers	Baby Carrots
	Cappuccino	Milk	Apple Juice	Fruit	Cherry Tomatoes
	Noodle Soup		Fruit	Milk	Fruit
	Milk				Milk